

DESIGN YOUR

altar

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What is a Spiritual Altar?

An altar is a spiritual place that has one important job- To hold your magic. Your altar is your special place to hold your dreams, intentions, and all the energy that you put into creation.

An altar is similar to a vision board in that it's a physical representation of what you want to bring into existence. It can be used as a daily reminder of why you're doing this work, what you want to accomplish, and why you get up in the morning. It's your heart and dreams in physical form and on display. And unlike vision boards, you have more freedom to change up what inspires you, swapping things in and out as you please.

What to put on your altar

When designing your altar, you are only limited by your imagination. It can be bright, bold, and colorful or it can be small, sweet, and unassuming.

There's no right or wrong way to construct your altar, as long as you construct it with things that inspire you and make you feel joyful and powerful.

You can use crystals, candles, music, effigies, photos, money- whatever you feel drawn to.



Where to put your altar

Your altar can go wherever you want. It can be as large as you want small enough to tuck away in a hidden corner. The best place is one where you can easily access it whenever you need inspiration. It belongs to YOU - it is a protected space and no one can interfere with it's magic.

That being said, physical beings (such as partners, children, and pets) can absolutely still interfere with the **physical representations** of your magic. If this is a concern for you, you may want to keep your altar out of reach or in a spot where it will not get disturbed.

How to construct your altar

You can use any materials you like to construct your altar. Some good examples are an old table or stand, a piece of wood, a metal plate or platter, or even the floor with a scarf. You may find that natural materials work best for your alter - this is because they uniquely interact with the energy of your items. It's up to you and again, there's no wrong way to construct your alter as long as you are using things that speak to you and make you feel good energetically.

Crafting Your Altar

Below are some examples of items you can use to start crafting your own altar. They're grouped based on the intention behind the altar - each item connects with the energy of that intention. However, remember that you are free to use whatever speaks to you, regardless of its "typical" use. There are no rules!



ROMANTIC LOVE

- Rose Quartz
- Garnet or Ruby
- Pink or Red Candles
- Romantic Photos
- Roses
- Orchids
- Vanilla
- Basil



FRIENDSHIP

- Tiger's Eye
- Yellow or Pink Candles
- Sunflowers
- Lavender
- Ginger
- Lemon Peel
- Cinnamon
- Mint



PROSPERITY

- Citrine
- Green Aventurine
- Green or Gold Candles
- Coins or Dollar Bills
- Peonies
- Bergamot
- Clove
- Frankincense



HEALING

Clear Quartz
Obsidian
White Candles
Rose Hips
Blossoms
Chamomile
Peppermint
Sage



INTUITION

Selenite
Amethyst
Lapis Lazuli
Purple Candles
Sandalwood
Blood Orange
Neroli Oil
Lilacs



CREATIVITY

Rhodonite
Moonstone
Yellow or Orange Candles
Pencils, Pens, Supplies
Marigolds
Eucalyptus
Jasmine
Charcoal



CAREER

Citrine
Jade
Green Candles
Rose Hips
Blossoms
Chamomile
Peppermint
Sage



NEW BEGINNINGS

Opal
Tanzanite
White Candles
Plants
Clary Sage
Vetiver
Oranges
Daffodils



FERTILITY

Rose Quartz
Aquamarine
Green Candles
Baby Items (clothes/toys)
Rabbits (photo or toy)
Eggs (real or decorative)
Mistletoe
Ylang Ylang



SELF-LOVE

Rose Quartz
 Clear Quartz
 Yellow Candles
 Bergamot
 Rose Petals
 Mirror
 Personal Photos
 Treasured Items



SPIRITUAL SUPPORT

Clear Quartz
 Celestite
 Spiritual Effigies/Idols
 Silver or Purple Candles
 Palo Santo
 Tobacco
 Water
 Sage



HAPPY HOME

Smoky Quartz
 Hematite
 Blue or Green Candles
 Personal Photos
 Written Quotes
 Grapefruit
 Orange
 Sunflowers



GOOD VIBES

Turquoise
 Onyx
 Blue Candles
 Brass Bell
 Rocks/Seashells
 Sand
 Lemon
 Rosemary



HEAL FROM GRIEF

Apache Tears
 Obsidian
 Photos of Loved Ones
 Momentos
 White Candles
 Sandalwood
 Lavender
 Chrysanthemums



COURAGE

Tiger's Eye
 Pyrite
 Selenite
 Red Candles
 Written Matras/Quotes
 Cypress
 Tea Tree
 Allium



Some helpful tips



use what you have

The previous examples are only a small list of things that you can use to capture the energy you desire for your altar. In some circumstances, you may need to substitute for things you have on hand. An easy way of doing this is using general use things, such as clear quartz in place of any crystal, a white candle in place of a candle of any other color, etc.



personalize to your own tastes

Your altar is all about YOU. It should contain things that make you feel happy, inspired, connected, and safe. You may not know the exact spiritual meaning behind why some things are used - and that is not necessary. The most powerful connection you can have is the one that you create for yourself. Use your intuition and allow it to guide you to the right items for your purpose.